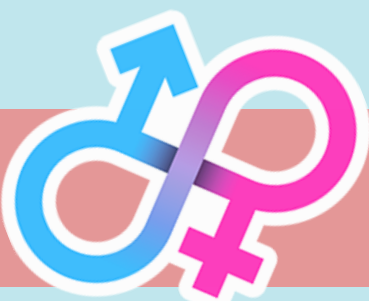




MINISTRY OF WOMEN,
FAMILY AND COMMUNITY DEVELOPMENT



NATIONAL POPULATION AND FAMILY DEVELOPMENT BOARD



FAMILY PLANNING PRACTICES DURING THE PERIOD OF NATIONAL RECOVERY PLAN (NRP)

PERCEPTIONS TOWARDS FAMILY PLANNING PRACTICES AND PREGNANCY

The number of births this year will be higher than last year.

58.8%

More than half (58.8%) of women agreed that the number of births in Malaysia for 2021 would be higher than in 2020.

Unplanned pregnancies during pandemic period also occurred in Malaysia.

32.2%

One of two women agreed that financial problems are why many couples in Malaysia do not use family planning methods.

Unplanned pregnancies during this pandemic period are highly to be aborted.

18.6%

Only a few (18.6%) women agreed that unplanned pregnancies among married couples would end with abortion.

Couples prefer to get family planning methods online rather than physically.

48.4%

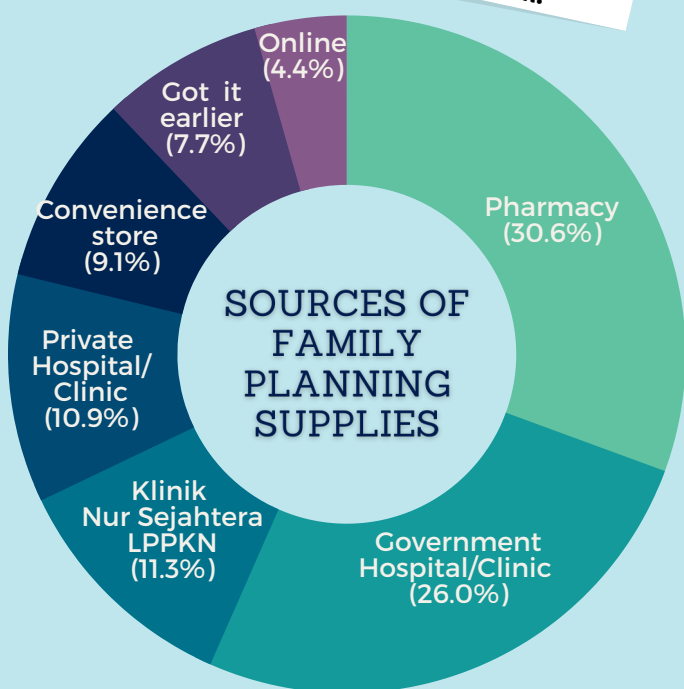
Financial problem is the reason for many couples do not use family planning methods during the NRP period.

46.5%

FAMILY PLANNING PRACTICES

47.8% married couples use family planning method

MODERN (38.4%)	NON MODERN (9.4%)
Condom 10.9%	Withdrawal 5.1%
Pills 9.0%	Period calendar 3.6%
IUCD 4.9%	Abstinence & Others 0.7%
Injection 4.7%	
Tubaligation 4.5%	
Implant 4.1%	
Vasectomy 0.3%	



Among women who used family planning, majority (80.0%) used the modern method. Condoms remain popular, followed by pills and IUCDs.

Health services are the primary source of family planning supplies. However, almost half (48.4%) of women think that more couples choose to get family planning methods online rather than physically.

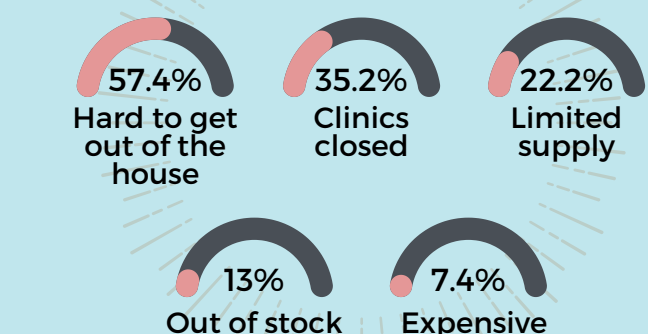
52.2% married couples do not use any family planning methods

3 main factors married couples do not use family planning methods



Only a few (4.8%) women experienced difficulties in obtaining family planning methods. However, one-third (32.2%) of women agreed that unplanned pregnancies that occur during pandemics are due to family planning problems.

Factors for difficulties in obtaining family planning methods.



PREGNANCY DURING PANDEMIC COVID-19

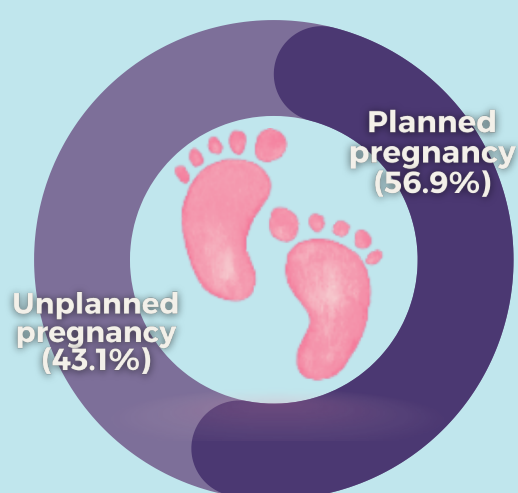
More than half (55.0%) of women postponed their pregnancy during the pandemic due to worries about contracting Covid-19 and death during deliveries.

3 main factors married couples postponed their pregnancy



19.0% women are pregnant during pandemic Covid-19

More than half (56.7%) of women who are pregnant during pandemic Covid-19 stated that it is a planned pregnancy.



RESEARCH METHODOLOGY

This poll involved 2,613 married women aged between 15 to 49 years old in Malaysia that was carried out from 16th to 29th August 2021 via an online survey.

For further information:
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