

AGEING IN MALAYSIA

ASSISTANCE GIVEN BY CHILDREN

95.3%

of elderly received at least one type of assistance from their children.

Meanwhile,

4.7%

of elderly NEVER received any assistance from their children.



EMPTY NEST SYNDROME

A situation where the elderly live alone or with their spouse after their children moved to other places. This situation might cause loneliness, emotional problems, safety and security issues for the elderly.



Types of assistance given by children to their parents:



79.6%
financial



71.1%
accompanied to the necessary places



67.5%
food and groceries



64.4%
household chores



62.0%
care

Types of assistance given by elderly to their children:



44.9%
sharing problems and worries



37.2%
food and groceries



36.3%
care



28.6%
financial



25.4%
accompanied to the necessary places

A total of **34.2%** elderly ever felt lonely



25.5%
men ever felt lonely



41.5%
women ever felt lonely

ACTIVITIES TO OVERCOME LONELINESS



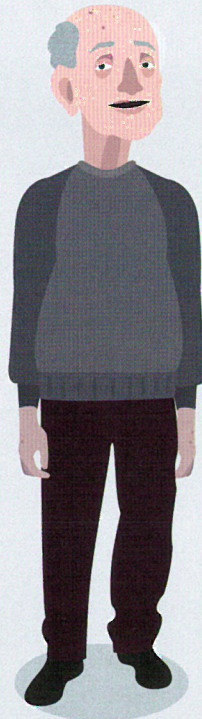
37.0%
watch television/
listen to radio



31.9%
religious activities



30.5%
have hobby



25.0%
meet friends



20.2%
meet families



LIVING ARRANGEMENT



20.9%
with spouse

9.0%
live alone

USAGE OF INTERNET AMONG ELDERLY



10.4%
the elderly use
the internet

Average
internet usage is
2 hours per day

Types of services used:

68.2%

social
networking

52.2%

emails

45.6%

blogging

15.4%

online
banking

Source: Fifth Malaysian Population and Family Survey 2014, July 2016

Visit us for more information:

www.lppkn.gov.my @lppkn_pop Lembaga Penduduk dan Pembangunan Keluarga Negara

